

MERCER MEMORIAL MILE

Mercer, Pennsylvania "A Race Through The Flags"

COURSES:

1 Mile Point-To-Point Road Race 10:00 am
200' Vertical Drop (Even drop of 100' per half mile)
Starts near the Mercer County Courthouse; Proceeds south on Pitt St to the finish on Hope Mill Road

5K Point-To-Point Course 10:30
First mile is the same as the one mile event. Course continuand finishes near the mile race finish line
Approximately 150' elevation drop from start to finish.

NOTES:

Previously run as Mercer Miracle Mile for 20 years (1980-2000)
Over 10 sub 4 minute miles have been recorded on this USA T&F Certified course. Course Record: 3:51
If necessary, race will be divided into heats every 15 minutes
Fees are not a fundraiser for the Mercer Memorial Day 500

AWARDS:

Top 3 male and female finishers. At least top 2 in each age group, No duplication
11 & under, 12-14, 15-19, 20-29, 30-39, 40-49, 50+
Team Awards to be announced

1 MILE & 5K

TEAM SCORING:

Any regional school can enter a team of 3 or more runners
Top 3 finishers score by combining times. Divisions: All male, All Female
The high school track season will be over: Unique event to top off the spring track season.
Graduating seniors are eligible to run on a team.
Team captain to contact race director for discount team rates.

ENTRY FEE:

\$8.00 if registered before May 22, 2007 \$10.00 thereafter
\$5.00 for students before May 22, 2007 \$7.00 thereafter
\$20.00 for family rate before May 22, 2007
Includes souvenir lapel pin.
Make checks payable to: Mercer Memorial Mile
Registration and awards at Bandstand on Courthouse lawn

May 26, 2007 Saturday, 10 am

MAIL TO:

S. Mark Courtney, PO Box 474, Mercer, PA 16137
Information: Mark Brown: (724) 662-2786 parade500@yahoo.com
S. Mark Courtney: (724) 458-4435 smc@runhigh.com
Website: www.mercermemorialday500.homestead.com

GENERAL:

Results posted on the internet at: www.runhigh.com

Mercer Memorial Mile

Name	<input type="text"/>	Age	<input type="text"/>
Address	<input type="text"/>	Sex	<input type="text"/>
City, ST	<input type="text"/>	Zip	<input type="text"/>
Phone	<input type="text"/>	Shirt Size	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> X
Birthdate	<input type="text"/>	Amount Enclosed:	<input type="checkbox"/> \$5.00 Student <input type="checkbox"/> \$8.00 Individual <input type="checkbox"/> \$20.00 Family

Check here if entering as part of a team. Name of school: _____

Team Contact: _____ Phone Number _____

Waiver: In consideration of acceptance of my entry, I, intending to be legally bound, for myself, my heirs, my executors, and administrators, waive, release and discharge any and all rights and claims which I may have or which may hereafter accrue to me against the race, race organizers, sponsors, and all assisting organizations and individuals from all claims of damage, demands, actions, injury or death received in any manner during participation before, during or after participation in this event, or any other day the race may be held. I shall abide by all decisions of the race officials as final. I understand my name will appear on the internet in the official results.

Signature Required _____ Parent must also sign if runner is under 18 years.